

Curriculum Vitae

PAMELA TALLEY, MSN, APRN-BC
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SUMMARY OF SKILLS

Over thirty years of providing nursing and psychiatric mental health care to children, adolescents, adults, elders, substance abusers, mentally disabled; including persons with dual diagnoses (mentally ill and substance addicted) and persons that are homeless.

- Experienced in working with individuals, families, groups and communities in a variety of physical delivery systems including low income and public housing areas.
- Competent in making psychiatric and psychosocial diagnoses and implementing a wide variety of interventions.
- Developed, designed and managed numerous community based programs, projects and grants.
- Presented workshops on topics related to health; community and nursing.
- Licensed as a registered nurse in the State of Missouri. Board certified clinical specialist in psychiatric-mental health nursing. Recognized as an advanced practice nurse by the State of Missouri for third party reimbursements, prescription authorities and approvals of psychotherapeutic technique. Certified as a substance abuse counselor in the state of Missouri.

EDUCATION

ADVANCED PHARMACOLOGY FOR NURSES
University Missouri-St. Louis, 1998

MASTER OF SCIENCE IN NURSING
Specialty: Psychiatric Mental Health Nursing
Saint Louis University, 1998
Board Certified, American Nurses Credentialing Center (ANCC) 1998

ADDICTION COUNSELING TRAINING PROGRAM
University Missouri-St. Louis, Certified in 1998

AIDS EDUCATION AND COUNSELING
Pre- and post- test counseling
Department of Health, State of Missouri, St. Louis, MO. Certified in 1988

BACHELOR OF SCIENCE IN NURSING
Saint Louis University, 1982
Registered Nurse, Missouri State Board of Nursing, 1982

RELEVANT EXPERIENCE

Research

- *Research* the needs of low income grandparents raising their grandchildren in the St. Louis Metropolitan Area; Robert Woods Johnson Foundation (2008 – 2009)
- *Research*: Conducted literary searches, recruited participants and conducted interviews with great-grandmothers and their great grandchildren, Cordie Reese; Saint Louis University (1999 - 2002)
- *Data collection*: Transitional housing; Ruth Beckman Murray; Saint Louis University (1997)

- *Research assistance:* Conducted interviews with pregnant adolescent and her family, Lee Smith; Saint Louis University 1996.
- Conducted surveys with adolescents in public housing community, Louise Flick; Saint Louis University (1996)

Director of Health Services

CHIPS Health and Wellness Center, Saint Louis, MO. 2015 - Present

Direct the primary and specialty clinic services for adults and children who are uninsured and underserved; in addition, direct the Health Care Beyond Walls community outreach program that provides health screenings, health education, referrals and case management.

Nurse Psychotherapist/ Small Business Owner

Therapeutic Solutions, Saint Louis, MO., 2003 - Present

Independent advanced practitioner with small private practice providing nursing and psychotherapy for individuals and families from children, adolescents to adults. Secured vendor status for payment for service through Medicaid, MC+, Medicare, GHP, Cigna, Megellan. Contract with existing businesses to provide nursing services, consultation, presentation or research. Providing administrative services for non – profit organizations.

Clinical Nurse

Saint Louis University, School of Nursing, 2005 – 2009

Providing supportive counseling, crisis intervention and advocacy services for chronically homeless mentally ill adults living in transitional housing.

Saint Louis University, School of Nursing, 2000 - 2003

Provided assessment, screenings and diagnosis, education, counseling, referrals, advocacy, crisis intervention services and case management services to vulnerable groups, families and individuals in the Forest Park Southeast neighborhood. Participated in planning, conducting and evaluating community health screenings, education and health promotion programs for the neighborhood. Assisted community leaders and groups in assessing, planning and developing strategies for health priorities to meet the neighborhood health and mental health needs.

Adjunct Professor

Saint Louis University, School of Nursing, 1998 – 2000. Implemented a pilot project, a mental health program at an alternative public school for pregnant and parenting teens. Assisted with establishing therapeutic educational milieu. Instructed family nurse practitioner students completing psychiatric-mental health rotations, teaching diagnostic interview technique, psychosocial treatment, interventions, expected outcomes, scientific and clinical practice knowledge. Performed crisis intervention services as needed for teens experiencing acute mental and emotional distress. Provided consultation to school administrators and family members regarding client diagnoses, treatments, services needed and expected outcomes. Collaborated with nursing faculty in planning, selecting and evaluating learning experiences of the students.

Family Counselor

George Washington Carver House, St. Louis, MO, 1996 – 2000

Conducted assessments, treatment plans, education, counseling and referrals for youth and their families participating in the Juvenile Justice Project. Organized and implemented a support and activity group for grandparents raising grandchildren. Performed pre-treatment identification, screening, counseling and referrals for clients experiencing alcohol and substance abuse disorders. Provided case management services for individuals experiencing mental or emotional illness, mental retardation or substance abuse disorder. Obtained Community 2000 grant from the Missouri Department of Mental Health. Chaired team meetings for eight community organizations to plan and implement a successful family community conference. Implemented a gardening and beautification project with grants from Gateway Gardening, Operation Brightside and Grow St. Louis with youth and grandparents raising grandchildren.

Youth and Community Group Programs Coordinator

Kingdom House, St. Louis, MO, 1987 – 1996

Conducted individual and social group work with children, youth and adults from low income, public housing complexes. Worked hands-on with teenaged gang members (both male and female) ranging in ages from 10 years to 19 years, with

as many as 40 at a time. Collaborated with a juvenile police officer and public housing social worker to organize a successful neighborhood gang truce. Planned, developed and implemented a pre-teen development program for life skills training. Collaborated with the University of MO-St. Louis Extension to conduct a successful Urban 4-H Chapter. Co-founded a support group for parents and grandparents with children addicted to drugs. Introduced and hosted an Alcoholic and Narcotics Anonymous chapter as well as an Adult Children of Alcoholics group for the neighborhood. Organized and coordinated the first Near Southside Neighborhood Drug Free weekend event. Successfully wrote and implemented a federal VISTA project. Supervised three neighborhood VISTA workers, formulated and compiled a neighborhood directory. Obtained the Missouri Youth Initiative, a project of Missouri University Fellows, funded by the Kellogg Foundation and partnered with Kid Place and the St. Louis School Partnership. Organized a successful, 250 attendee national welfare reform conference. Obtained funding from Grace Hill Neighborhood Health Services to organize, train and supervise up to 12 neighborhood youth as peer counselors.

Nursing Supervisor/Health Educator

St. Louis Tenant Affairs Board, St. Louis Housing Authority, 1991 – 1997

Conducted skilled nursing visits to assess client's health status and monitor homemaker/chore workers compliance to work assignments and schedules in elderly buildings in public housing complexes. Provided substance abuse education and counseling for individuals and groups for Drug Elimination Project in Blumeyer, Cochran, Darst-Webbe and Peabody – Clinton Public Housing complexes.

PUBLICATION

Co-author Spiritual Assessment of the African American Client. Health Promotion Strategies through the Life Span. 2000. 7th edition. Murray, R. & Zentner, J.

AWARDS AND HONORS

- Woman of Achievement 2015, Honored Women of Achievement
- Humanitarian of the Year, Prince Hall Masons, November 2012
- Community Health Leader 2007 -2008, Robert Wood Johnson Foundation, Community Health Leaders, October 3, 2007
- Recipient of the George Washington Carver Distinguished Service Award, Zeta Sigma Chapter of Sigma Gamma Rho Sorority, Inc. January 2004.
- Certificate of service for public education "Depression Awareness" Mental Health Association of Greater St. Louis, April 1999
- Spotlight on a Member. District Three Profile, Missouri Nurses Association, March/April 1998
- Successfully completed final oral examination for degree of Master of Science in Nursing with distinction, December 1997
- National Nurse Traineeship, September 1997
- Combined Appeal Scholarship for Healthcare May 1996
- Forty Under Forty, St. Louis Magazine, December 1991

MEMBERSHIPS

Missouri Nurses Association
American Psychiatric Nurses Association
Sigma Theta Tau International
St. Patrick's Center- Board Member, past
Lewis Place Historical Preservation, Inc., Co-Founder
Grandparents As Parents Support Project, Inc., Founder
St. Louis Community Collaboration – Founding Member